



STRONG

SUPPORTING TRANSITION RESILIENCE OF NEWCOMER GROUPS

WESTERN UNIVERSITY'S MARY J. WRIGHT CHILD AND YOUTH DEVELOPMENT CLINIC IS OFFERING A STRONG GROUP FOR NEWCOMER CHILDREN STARTING WINTER 2024. **NOW RECRUITING!**

ABOUT STRONG

- Evidence-based mental health intervention for newcomer children and youth
- Psychology graduate students will deliver the program, with supervision from a licensed clinical psychologist
- Culturally informed approach

BENEFITS



- Increase resilience
- Learn important coping & problem-solving skills
- Build connections and strengthen relationships
- Ease the transition to new surroundings

WHO



- Newcomer children, ages 9-12
- Struggling with their transition, peer relationships and/or problems with mood, attention, or anxiety.



PARENT SESSIONS



Parent sessions will be offered. Parents will learn about the skills taught to their child in the program.

CONTACT US

Gina Kayssi,
STRONG Project Manager

 gkayssi@uwo.ca
 519-661-2111 ext. 86472

HOW TO REFER A NEWCOMER CHILD

Please complete the referral form with the necessary information. We will follow up regarding the group.

[HTTPS://BIT.LY/MJWCYDCSTRONG](https://bit.ly/mjwcydcstrong)

